

# Ghana Athletics Open Championship for Security Servic

University of Ghana Legon Sports Stadium Accra

11/2/2024

## Results

### Team Scores Men - 15 Events Scored

|                                |     |                              |    |
|--------------------------------|-----|------------------------------|----|
| 1. Ghana Armed Forces          | 327 | 2. Ghana Immigration Service | 76 |
| 3. Ghana Prisons Service       | 57  | 4. GRA - Customs Division    | 32 |
| 5. Ghana National Fire Service | 24  |                              |    |

### Team Scores Women - 12 Events Scored

|                           |     |                                |    |
|---------------------------|-----|--------------------------------|----|
| 1. Ghana Armed Forces     | 198 | 2. Ghana Immigration Service   | 63 |
| 3. Ghana Prisons Service  | 37  | 4. Ghana National Fire Service | 31 |
| 5. GRA - Customs Division | 28  |                                |    |

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## Results

Event 1 100m Women

### Prelims

| <u>Place</u>     | <u>Name</u>            | <u>Affiliation</u>          | <u>Time</u> |
|------------------|------------------------|-----------------------------|-------------|
| Heat 1           |                        |                             |             |
| Wind: -0.9 M/S S |                        |                             |             |
| 1                | Boakye, Mary           | Ghana Armed Forces          | 11.96       |
| 2                | Agyeman, Kate          | Ghana Armed Forces          | 12.55       |
| 3                | Agbo, Jennifer Oppong  | Ghana Immigration Service   | 12.62       |
| 4                | Barikisu, Issahaku     | Ghana Armed Forces          | 12.74       |
| 5                | Abdulai, Sakina        | Ghana Immigration Service   | 12.87       |
| 6                | Sara, Maawe            | Ghana National Fire Service | 13.37       |
| ---              | Anglo, Pricilla Mawuli | GRA - Customs Division      | NT          |

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## Results

### Event 2 100m Men

#### Prelims

| <u>Place</u>     | <u>Name</u>             | <u>Affiliation</u>          | <u>Time</u> |
|------------------|-------------------------|-----------------------------|-------------|
| Heat 1           |                         |                             |             |
| Wind: -1.4 M/S S |                         |                             |             |
| 1                | Mensah, Frank           | Ghana Armed Forces          | 11.39       |
| 2                | Cudjoe, Michael         | Ghana Armed Forces          | 11.52       |
| 3                | Adjei, Hakeem Husseni   | Ghana National Fire Service | 11.73       |
| 4                | Kwateng, Desmond Kwajo  | Ghana Prisons Service       | 12.02       |
| 5                | Mensah, Dennis          | Ghana National Fire Service | 12.34       |
| 6                | Francis, Cudjoe         | Ghana National Fire Service | 12.37       |
| 7                | Okpattah, Kojo Winifred | Ghana National Fire Service | NT          |
| 7                | Afful, Bright           | Ghana Prisons Service       | NT          |

| <u>Place</u>     | <u>Name</u>            | <u>Affiliation</u>          | <u>Time</u> |
|------------------|------------------------|-----------------------------|-------------|
| Heat 2           |                        |                             |             |
| Wind: -1.3 M/S S |                        |                             |             |
| 1                | Shaibu, Marizuk        | Ghana Armed Forces          | 10.88       |
| 2                | Arko Bawuah, Augustine | Ghana Armed Forces          | 11.11       |
| 3                | Sarfo, Isaac           | Ghana Immigration Service   | 11.16       |
| 4                | Ayimasu, Emmanuel      | Ghana Prisons Service       | 11.65       |
| 5                | Okpattah, Kelvin Kojo  | Ghana National Fire Service | 12.72       |
| 6                | Osei, Kofi             | Ghana Armed Forces          | NT          |
| 7                | Cudjoe, Francis        | Ghana National Fire Service | NT          |

| <u>Place</u>     | <u>Name</u>      | <u>Affiliation</u>          | <u>Time</u> |
|------------------|------------------|-----------------------------|-------------|
| Heat 3           |                  |                             |             |
| Wind: -0.7 M/S S |                  |                             |             |
| 1                | Hamza, Abubakari | Ghana Immigration Service   | 10.97       |
| 2                | Musah, Iddrisu   | Ghana Armed Forces          | 11.05       |
| 3                | Seidu, Dramani   | Ghana Prisons Service       | 11.29       |
| 3                | Abu, Osborn      | Ghana National Fire Service | 11.29       |
| 5                | Wilson, Reginald | Ghana Armed Forces          | 11.39       |
| 6                | Aryee, Emmanuel  | Ghana Prisons Service       | 12.15       |
| 7                | Amankwa, Elujah  | Ghana Prisons Service       | 13.33       |

| <u>Place</u>     | <u>Name</u>           | <u>Affiliation</u>          | <u>Time</u> |
|------------------|-----------------------|-----------------------------|-------------|
| Heat 4           |                       |                             |             |
| Wind: -2.1 M/S S |                       |                             |             |
| 1                | Ayuba, Sumaila        | Ghana Armed Forces          | 11.52       |
| 2                | Ibrahim, Ismail       | Ghana National Fire Service | 11.75       |
| 3                | Tengan, Roland Alena  | Ghana Prisons Service       | 12.10       |
| 4                | Bonney, Samuel        | Ghana National Fire Service | 12.17       |
| 5                | Awuah, David          | Ghana Armed Forces          | NT          |
| 5                | Harrison, Christopher | Ghana National Fire Service | NT          |

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## Results

Event 2 100m Men

Final

| <u>Place</u>     | <u>Name</u>            | <u>Affiliation</u>        | <u>Time</u> | <u>Points</u> |
|------------------|------------------------|---------------------------|-------------|---------------|
| Heat 1           |                        |                           |             |               |
| Wind: -1.0 M/S S |                        |                           |             |               |
| 1                | Shaibu, Marizuk        | Ghana Armed Forces        | 10.79       | 10            |
| 2                | Musah, Iddrisu         | Ghana Armed Forces        | 10.80       | 8             |
| 3                | Arko Bawuah, Augustine | Ghana Armed Forces        | 10.89       | 6             |
| 4                | Hamza, Abubakari       | Ghana Immigration Service | 10.92       | 5             |
| 5                | Sarfo, Isaac           | Ghana Immigration Service | 10.97       | 4             |
| 6                | Mensah, Frank          | Ghana Armed Forces        | 11.08       | 3             |
| 7                | Wilson, Reginald       | Ghana Armed Forces        | 11.57       | 2             |
| 8                | Elijah, Amankwah       | Ghana Prisons Service     | 11.58       | 1             |
| ---              | Seidu, Dramani         | Ghana Prisons Service     | NT          |               |

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## Results

Event 3 200m Women

### Prelims

| <u>Place</u>      | <u>Name</u>           | <u>Affiliation</u>          | <u>Time</u> |
|-------------------|-----------------------|-----------------------------|-------------|
| Heat 1            |                       |                             |             |
| Wind: -0.5 M/S S  |                       |                             |             |
| 1                 | Sackey, Eunica        | Ghana Armed Forces          | 26.33q      |
| 2                 | Adu Achia, Stephanie  | Ghana Armed Forces          | 26.80q      |
| 3                 | Ibrahim, Aisha        | Ghana Immigration Service   | 27.34q      |
| 4                 | Sara, Maawe           | Ghana National Fire Service | 27.56       |
| 5                 | Essuman, Sandra       | Ghana Immigration Service   | 27.99       |
| 6                 | Latifa, Zuliata       | Ghana Armed Forces          | 28.32       |
| 7                 | Yahaya, Hamdia        | Ghana Armed Forces          | 29.52       |
| Heat 2            |                       |                             |             |
| Wind: +1.3 M/S NE |                       |                             |             |
| 1                 | Boakye, Mary          | Ghana Armed Forces          | 25.10q      |
| 2                 | Agyeman, Kate         | Ghana Armed Forces          | 25.70q      |
| 3                 | Agbo, Jennifer Oppong | Ghana Immigration Service   | 25.90q      |
| 4                 | Abdulai, Sakina       | Ghana Immigration Service   | 26.05q      |
| 5                 | Barikisu, Issahaku    | Ghana Armed Forces          | 26.20q      |
| 6                 | Ateene, Stephen       | Ghana National Fire Service | NT          |

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## Results

Event 3 200m Women

Final

| <u>Place</u>     | <u>Name</u>           | <u>Affiliation</u>        | <u>Time</u> | <u>Points</u> |
|------------------|-----------------------|---------------------------|-------------|---------------|
| Heat 1           |                       |                           |             |               |
| Wind: +1.4 M/S N |                       |                           |             |               |
| 1                | Boakye, Mary          | Ghana Armed Forces        | 24.78       | 10            |
| 2                | Agyeman, Kate         | Ghana Armed Forces        | 25.40       | 8             |
| 3                | Sackey, Eunica        | Ghana Armed Forces        | 26.22       | 6             |
| 4                | Agbo, Jennifer Oppong | Ghana Immigration Service | 26.37       | 5             |
| 5                | Adu Achia, Stephanie  | Ghana Armed Forces        | 26.79       | 4             |
| 6                | Ibrahim, Aisha        | Ghana Immigration Service | 27.03       | 3             |
| 7                | Barikisu, Issahaku    | Ghana Armed Forces        | 27.55       | 2             |
| ---              | Abdulai, Sakina       | Ghana Immigration Service | NT          |               |

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## Results

Event 4 200m men

### Prelims

| <u>Place</u>     | <u>Name</u>         | <u>Affiliation</u>          | <u>Time</u> |
|------------------|---------------------|-----------------------------|-------------|
| Heat 1           |                     |                             |             |
| Wind: +0.2 M/S E |                     |                             |             |
| 1                | Shaibu, Marizuk     | Ghana Armed Forces          | 21.90       |
| 2                | Sarfo, Isaac        | Ghana Immigration Service   | 22.59       |
| 3                | Beniako, Isaac      | Ghana Immigration Service   | 22.79       |
| 4                | Ayuba, Sumaila      | Ghana Armed Forces          | 23.41       |
| 5                | Mensah, Dennis      | Ghana National Fire Service | 24.11       |
| 6                | Amankwatia, Michael | Ghana Prisons Service       | 24.45       |
| 7                | Stephen, Stenee     | Ghana National Fire Service | NT          |
| 7                | Amoako, Ernest      | Ghana Armed Forces          | NT          |

| <u>Place</u>      | <u>Name</u>            | <u>Affiliation</u>          | <u>Time</u> |
|-------------------|------------------------|-----------------------------|-------------|
| Heat 2            |                        |                             |             |
| Wind: -1.0 M/S SE |                        |                             |             |
| 1                 | Musah, Iddrisu         | Ghana Armed Forces          | 22.18       |
| 2                 | OWadieh, William Opere | GRA - Customs Division      | 22.28       |
| 3                 | Amankwa, Elujah        | Ghana Prisons Service       | 23.32       |
| 4                 | Abu, Osborn            | Ghana National Fire Service | 23.67       |
| 5                 | Kwateng, Desmond Kwajo | Ghana Prisons Service       | 24.05       |
| 6                 | Owusu, Ibrahim Boateng | Ghana National Fire Service | NT          |
| 6                 | Norgbe, Frank          | Ghana National Fire Service | NT          |
| 6                 | Manaf, Hadi            | Ghana National Fire Service | NT          |

| <u>Place</u>      | <u>Name</u>            | <u>Affiliation</u>          | <u>Time</u> |
|-------------------|------------------------|-----------------------------|-------------|
| Heat 3            |                        |                             |             |
| Wind: -0.4 M/S SE |                        |                             |             |
| 1                 | Osei, Kofi             | Ghana Armed Forces          | 22.01       |
| 2                 | Cudjoe, Michael        | Ghana Armed Forces          | 22.39       |
| 3                 | Mensah, Frank          | Ghana Armed Forces          | 22.75       |
| 4                 | Ayimasu, Emmanuel      | Ghana Prisons Service       | 23.25       |
| 5                 | Owusu Abraham, Boateng | Ghana National Fire Service | 24.63       |
| 6                 | Amankwatia, Micheal    | Ghana Prisons Service       | NT          |
| 6                 | Hassan, Benjamin       | Ghana National Fire Service | NT          |
| 6                 | Nyawudzi, Stephen      | Ghana Armed Forces          | NT          |

| <u>Place</u>      | <u>Name</u>      | <u>Affiliation</u>          | <u>Time</u> |
|-------------------|------------------|-----------------------------|-------------|
| Heat 4            |                  |                             |             |
| Wind: +0.5 M/S NE |                  |                             |             |
| 1                 | Atitiba, Joshua  | Ghana Armed Forces          | 23.44       |
| 2                 | Wilson, Reginald | Ghana Armed Forces          | 23.47       |
| 3                 | SULEMAN, AHMED   | Ghana Armed Forces          | 23.54       |
| 4                 | Ibrahim, Ismail  | Ghana National Fire Service | 23.82       |

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## Results

Event 4 200m men

|   |                   |                             |       |
|---|-------------------|-----------------------------|-------|
| 5 | Bashiru, Ibrahim  | Ghana Immigration Service   | 24.19 |
| 6 | Hadi, Manaf       | Ghana National Fire Service | 24.80 |
| 7 | Norgbey, Francis  | Ghana National Fire Service | 24.95 |
| 8 | Bannerman, Hassan | Ghana National Fire Service | NT    |



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## Results

Event 4 200m men

Final

| <u>Place</u>     | <u>Name</u>            | <u>Affiliation</u>        | <u>Time</u> | <u>Points</u> |
|------------------|------------------------|---------------------------|-------------|---------------|
| Heat 1           |                        |                           |             |               |
| Wind: +0.8 M/S N |                        |                           |             |               |
| 1                | Shaibu, Marizuk        | Ghana Armed Forces        | 21.54       | 10            |
| 2                | OWadieh, William Opare | GRA - Customs Division    | 21.62       | 8             |
| 3                | Osei, Kofi             | Ghana Armed Forces        | 21.83       | 6             |
| 4                | Musah, Iddrisu         | Ghana Armed Forces        | 22.02       | 5             |
| 5                | Cudjoe, Michael        | Ghana Armed Forces        | 22.10       | 4             |
| 6                | Sarfo, Isaac           | Ghana Immigration Service | 22.31       | 3             |
| 7                | Beniako, Isaac         | Ghana Immigration Service | 22.74       | 2             |
| 8                | Mensah, Frank          | Ghana Armed Forces        | 22.82       | 1             |

# Ghana Athletics Open Championship for Security Servic

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## Results

Event 5 400m Women

### Prelims

| <u>Place</u> | <u>Name</u>    | <u>Affiliation</u>        | <u>Time</u> |
|--------------|----------------|---------------------------|-------------|
| Heat 1       |                |                           |             |
| 1            | Appiah, Sandra | Ghana Immigration Service | 57.98 q     |
| 2            | Sackey, Eunica | Ghana Armed Forces        | 59.80 q     |
| 3            | Ibrahim, Aisha | Ghana Immigration Service | 1:00.60 q   |
| 4            | Salam, Amina   | Ghana Armed Forces        | 1:02.90 q   |
| 5            | Essah, Sandra  | Ghana Immigration Service | 1:04.27 q   |

| <u>Place</u> | <u>Name</u>       | <u>Affiliation</u>        | <u>Time</u> |
|--------------|-------------------|---------------------------|-------------|
| Heat 2       |                   |                           |             |
| 1            | Fatao, Mariama    | Ghana Armed Forces        | 58.14 q     |
| 2            | Bayor, Hilda Mary | Ghana Armed Forces        | 1:00.60 q   |
| 3            | Abaka, Mary       | Ghana Armed Forces        | 1:03.40 q   |
| 4            | Decker, Priscilla | Ghana Immigration Service | 1:04.50     |
| 5            | Wiafe, Mavis      | Ghana Armed Forces        | 1:05.68     |

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## Results

Event 5 400m Women

Final

| <u>Place</u> | <u>Name</u>       | <u>Affiliation</u>        | <u>Time</u> | <u>Points</u> |
|--------------|-------------------|---------------------------|-------------|---------------|
| Heat 1       |                   |                           |             |               |
| 1            | Fatao, Mariama    | Ghana Armed Forces        | 56.46       | 10            |
| 2            | Appiah, Sandra    | Ghana Immigration Service | 57.75       | 8             |
| 3            | Bayor, Hilda Mary | Ghana Armed Forces        | 59.14       | 6             |
| 4            | Ibrahim, Aisha    | Ghana Immigration Service | 1:00.96     | 5             |
| 5            | Sackey, Eunica    | Ghana Armed Forces        | 1:03.46     | 4             |
| 6            | Abaka, Mary       | Ghana Armed Forces        | 1:04.80     | 3             |
| 7            | Essah, Sandra     | Ghana Immigration Service | 1:05.10     | 2             |
| 8            | Salam, Amina      | Ghana Armed Forces        | 1:05.23     | 1             |

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## Results

Event 6 400m men

### Prelims

| <u>Place</u> | <u>Name</u>            | <u>Affiliation</u>          | <u>Time</u> |
|--------------|------------------------|-----------------------------|-------------|
| Heat 1       |                        |                             |             |
| 1            | Kissward, Solomon      | Ghana Armed Forces          | 48.27q      |
| 2            | Osei Adomako, Victor   | Ghana Armed Forces          | 48.59q      |
| 3            | Abdul, suaburu Wahab 1 | Ghana Immigration Service   | 49.29q      |
| 4            | Seidu, Sulemana        | Ghana Prisons Service       | 50.44       |
| 5            | SULEMAN, AHMED         | Ghana Armed Forces          | 50.47       |
| 6            | Norgbe, Frank          | Ghana National Fire Service | 54.26       |
| 7            | Yankey, Justice        | Ghana National Fire Service | 1:00.28     |

| <u>Place</u> | <u>Name</u>         | <u>Affiliation</u>          | <u>Time</u> |
|--------------|---------------------|-----------------------------|-------------|
| Heat 2       |                     |                             |             |
| 1            | Diafo, Solomon      | Ghana Armed Forces          | 47.43q      |
| 2            | Coffie, Albert      | Ghana Armed Forces          | 48.74q      |
| 3            | Tamakloe, Felix     | Ghana Armed Forces          | 50.00       |
| 4            | Amankwatia, Micheal | Ghana Prisons Service       | 52.57       |
| 5            | Clinton, Owusu      | Ghana National Fire Service | NT          |
| 5            | Norgbey, Francis    | Ghana National Fire Service | NT          |

| <u>Place</u> | <u>Name</u>            | <u>Affiliation</u>          | <u>Time</u> |
|--------------|------------------------|-----------------------------|-------------|
| Heat 3       |                        |                             |             |
| 1            | Nimo, Emmanuel         | Ghana Prisons Service       | 48.86q      |
| 2            | Atitiba, Joshua        | Ghana Armed Forces          | 50.40       |
| 3            | Owusu Abraham, Boateng | Ghana National Fire Service | 51.75       |
| 4            | Billa, Samuel          | Ghana Immigration Service   | 51.85       |
| 5            | Vaabu, Daniel Ali      | Ghana National Fire Service | 54.12       |
| 6            | Nyawudzi, Stephen      | Ghana Armed Forces          | NT          |

| <u>Place</u> | <u>Name</u>             | <u>Affiliation</u>          | <u>Time</u> |
|--------------|-------------------------|-----------------------------|-------------|
| Heat 4       |                         |                             |             |
| 1            | Baba, Seidu Mammoudu    | Ghana Armed Forces          | 48.52q      |
| 2            | Amoako, Ernest          | Ghana Armed Forces          | 49.64q      |
| 3            | Boateng, Stephen Kwadwo | Ghana Immigration Service   | 49.90       |
| 4            | Okrah, Eugene           | Ghana Armed Forces          | 50.82       |
| 5            | Hadi, Manaf             | Ghana National Fire Service | NT          |
| 5            | Owusu, Ibrahim Boateng  | Ghana National Fire Service | NT          |

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## Results

Event 6 400m men

Final

| <u>Place</u> | <u>Name</u>            | <u>Affiliation</u>        | <u>Time</u> | <u>Points</u> |
|--------------|------------------------|---------------------------|-------------|---------------|
| Heat 1       |                        |                           |             |               |
| 1            | Diafo, Solomon         | Ghana Armed Forces        | 46.84       | 10            |
| 2            | Baba, Seidu Mammoudu   | Ghana Armed Forces        | 47.81       | 8             |
| 3            | Kissward, Solomon      | Ghana Armed Forces        | 48.20       | 6             |
| 4            | Coffie, Albert         | Ghana Armed Forces        | 48.66       | 5             |
| 5            | Nimo, Emmanuel         | Ghana Prisons Service     | 49.01       | 4             |
| 6            | Abdul, suaburu Wahab 1 | Ghana Immigration Service | 49.24       | 3             |
| 7            | Osei Adomako, Victor   | Ghana Armed Forces        | 49.39       | 2             |
| ---          | Amoako, Ernest         | Ghana Armed Forces        | NT          |               |

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## Results

Event 7 800m Women

Final

| <u>Place</u> | <u>Name</u>         | <u>Affiliation</u>          | <u>Time</u> | <u>Points</u> |
|--------------|---------------------|-----------------------------|-------------|---------------|
| Heat 1       |                     |                             |             |               |
| 1            | Tuolong, Reina      | Ghana National Fire Service | 2:18.55     | 10            |
| 2            | Adombila, Saraphina | Ghana Armed Forces          | 2:19.02     | 8             |
| 3            | Barimah, Rabiatu    | Ghana Immigration Service   | 2:20.28     | 6             |
| 4            | Haruna, Latifa      | Ghana Immigration Service   | 2:21.87     | 5             |
| 5            | Arthur, Nora        | Ghana Armed Forces          | 2:33.52     | 4             |
| 6            | Adamu, Niematu      | Ghana National Fire Service | 2:39.35     | 3             |
| 7            | Ugaja, Sandra       | GRA - Customs Division      | 2:48.12     | 2             |
| 8            | Sangna, Conilia     | Ghana National Fire Service | NT          |               |
| 8            | Ankomah, Eva        | Ghana Prisons Service       | NT          |               |
| 8            | Ayaayine, Vida      | Ghana National Fire Service | NT          |               |

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## Results

Event 8 800m men

Final

| <u>Place</u> | <u>Name</u>                   | <u>Affiliation</u>          | <u>Time</u> | <u>Points</u> |
|--------------|-------------------------------|-----------------------------|-------------|---------------|
| Heat 1       |                               |                             |             |               |
| 1            | Aloo, Sadiq                   | Ghana Prisons Service       | 1:52.29     | 10            |
| 2            | Damal, Mathew                 | Ghana Immigration Service   | 1:55.39     | 8             |
| 3            | Owusu, Ansah                  | Ghana Armed Forces          | 1:56.97     | 6             |
| 4            | Boateng, Akwasi               | Ghana Prisons Service       | 1:57.59     | 5             |
| 5            | Akudugu, Solomon              | Ghana National Fire Service | 1:57.97     | 4             |
| 6            | Dzitse, Peter                 | Ghana National Fire Service | 1:58.54     | 3             |
| 7            | Yeboah, Richard Kwaku         | Ghana Immigration Service   | 2:01.80     | 2             |
| 8            | Donkor, Moses Ndonyum         | GRA - Customs Division      | 2:04.79     | 1             |
| 9            | Otibu, Daniel Nana Yaw Mantey | GRA - Customs Division      | 2:10.75     |               |
| 10           | Bankam, Joseph                | Ghana National Fire Service | 2:16.10     |               |
| 11           | Amponsah, Emmanuel            | Ghana National Fire Service | 2:17.27     |               |
| 12           | Yankey, Justice               | Ghana National Fire Service | NT          |               |
| 12           | Bondzie, Stephen              | Ghana Armed Forces          | NT          |               |
| 12           | Ofori, Moses                  | Ghana National Fire Service | NT          |               |
| 12           | Abotsi, Gawuga Daniel         | Ghana Armed Forces          | NT          |               |

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## Results

Event 9 1500m Women

Final

| <u>Place</u> | <u>Name</u>           | <u>Affiliation</u>          | <u>Time</u> | <u>Points</u> |
|--------------|-----------------------|-----------------------------|-------------|---------------|
| Heat 1       |                       |                             |             |               |
| 1            | Sakat, Lariba Juliana | Ghana Armed Forces          | 4:30.29     | 10            |
| 2            | Agyei, Elizabeth      | Ghana Prisons Service       | 4:41.27     | 8             |
| 3            | Bayor, Hilda Mary     | Ghana Armed Forces          | 4:46.45     | 6             |
| 4            | Barimah, Rabiatu      | Ghana Immigration Service   | 4:51.40     | 5             |
| 5            | Titi, Rosina          | Ghana Armed Forces          | 5:09.91     | 4             |
| 6            | Arthur, Nora          | Ghana Armed Forces          | 5:28.78     | 3             |
| 7            | Ayaayine, Vida        | Ghana National Fire Service | 5:28.95     | 2             |
| ---          | Ugaja, Sandra         | GRA - Customs Division      | NT          |               |
| ---          | Ewusie, Elizabeth     | Ghana Armed Forces          | NT          |               |
| ---          | Ayaaba, Joyce         | Ghana Immigration Service   | NT          |               |
| ---          | Tuolong, Reina        | Ghana National Fire Service | NT          |               |
| ---          | Nyanney, Mary         | Ghana Prisons Service       | NT          |               |
| ---          | Ankomah, Eva          | Ghana Prisons Service       | NT          |               |



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## Results

Event 10 1500m men

Final

| <u>Place</u> | <u>Name</u>           | <u>Affiliation</u>          | <u>Time</u> | <u>Points</u> |
|--------------|-----------------------|-----------------------------|-------------|---------------|
| Heat 1       |                       |                             |             |               |
| 1            | Nakousi, David        | Ghana Prisons Service       | 3:51.28     | 10            |
| 2            | Abotsi Gawuga, Daniel | Ghana Armed Forces          | 3:51.50     | 8             |
| 3            | Frimpong, Daniel      | Ghana Armed Forces          | 4:00.74     | 6             |
| 4            | Damal, Mathew         | Ghana Immigration Service   | 4:05.45     | 5             |
| 5            | Opping, Christian     | GRA - Customs Division      | 4:07.37     | 4             |
| 6            | Dzitse, Peter         | Ghana National Fire Service | 4:07.93     | 3             |
| 7            | Owusu, Ansah          | Ghana Armed Forces          | 4:12.22     | 2             |
| 8            | Ayanga, Jonas         | Ghana Armed Forces          | 4:12.80     | 1             |
| 9            | Akudugu, Solomon      | Ghana National Fire Service | 4:15.32     |               |
| 10           | Owusu, Benjamin       | Ghana National Fire Service | 4:19.44     |               |
| 11           | Akpi, Joseph          | GRA - Customs Division      | 4:21.39     |               |
| 12           | Coffie, Albert        | Ghana Armed Forces          | 4:22.02     |               |
| 13           | Bondzie, Stephen      | Ghana Armed Forces          | 4:23.90     |               |
| 14           | Amponsah, Emmanuel    | Ghana National Fire Service | 4:27.08     |               |
| 15           | Atorkay, Sabastine    | Ghana National Fire Service | 4:39.38     |               |
| 16           | Kessi Addai, Samuel   | Ghana Prisons Service       | 4:47.27     |               |
| 17           | Mensah, Clinton       | Ghana Prisons Service       | 5:10.02     |               |
| 18           | Nukunu, Sampson       | Ghana National Fire Service | 5:18.21     |               |
| 19           | Nantiare, Mathew      | Ghana National Fire Service | NT          |               |
| 19           | Philip, Benjamin      | Ghana National Fire Service | NT          |               |
| ---          | Atitsogbe, Philip     | Ghana National Fire Service | NT          |               |
| ---          | Jonathan, Addy        | Ghana National Fire Service | NT          |               |

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## Results

Event 11 5000m Women

Final

| <u>Place</u> | <u>Name</u>           | <u>Affiliation</u>          | <u>Time</u> | <u>Points</u> |
|--------------|-----------------------|-----------------------------|-------------|---------------|
| Heat 1       |                       |                             |             |               |
| 1            | Sakat, Lariba Juliana | Ghana Armed Forces          | 16:33.13    | 10            |
| 2            | Ewusie, Elizabeth     | Ghana Armed Forces          | 18:17.20    | 8             |
| 3            | Titi, Rosina          | Ghana Armed Forces          | 18:18.33    | 6             |
| 4            | Sangna, Conilia       | Ghana National Fire Service | 20:18.41    | 5             |
| 5            | Azuure, Elizabeth     | Ghana Armed Forces          | 21:18.45    | 4             |
| ---          | Ayaaba, Joyce         | Ghana Immigration Service   | NT          |               |

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## Results

Event 12 5000m men

Final

| <u>Place</u> | <u>Name</u>         | <u>Affiliation</u>          | <u>Time</u> | <u>Points</u> |
|--------------|---------------------|-----------------------------|-------------|---------------|
| Heat 1       |                     |                             |             |               |
| 1            | Arthur, Ishmael     | Ghana Armed Forces          | 14:51.33    | 10            |
| 2            | Kudanu, John        | Ghana Armed Forces          | 15:06.46    | 8             |
| 3            | Seidu, Salifu       | Ghana Armed Forces          | 15:08.58    | 6             |
| 4            | Akpi, Joseph        | GRA - Customs Division      | 15:48.72    | 5             |
| 5            | Afful, Basit        | Ghana Armed Forces          | 15:48.83    | 4             |
| 6            | Oppong, Christian   | GRA - Customs Division      | 16:09.32    | 3             |
| 7            | Kessi Addai, Samuel | Ghana Prisons Service       | 16:25.24    | 2             |
| 8            | Amponsah, Emmanuel  | Ghana National Fire Service | 16:40.28    | 1             |
| 9            | Atampure, Akakia    | Ghana Prisons Service       | 16:52.08    |               |
| 10           | Mensah, Clinton     | Ghana Prisons Service       | 16:55.96    |               |
| 11           | Asante, Hqyford     | Ghana Prisons Service       | 17:26.24    |               |
| 12           | Bankam, Joseph      | Ghana National Fire Service | 17:30.22    |               |
| 13           | Jonathan, Addy      | Ghana National Fire Service | 17:31.34    |               |
| 14           | Amankrah, Stephen   | Ghana Prisons Service       | 17:54.26    |               |
| 15           | Aforgbey, Sebastian | Ghana National Fire Service | 18:10.00    |               |
| 16           | Akomeah, Andrews    | Ghana Armed Forces          | NT          |               |
| 16           | Sampson, Nukunu     | Ghana National Fire Service | NT          |               |
| ---          | Owusu, Benjamin     | Ghana National Fire Service | NT          |               |
| ---          | Philip, Benjamin    | Ghana National Fire Service | NT          |               |
| ---          | Atitsogbe, Philip   | Ghana National Fire Service | NT          |               |
| ---          | Ayamga, Jonas       | Ghana Armed Forces          | NT          |               |
| ---          | Tagoe, Joshua       | Ghana National Fire Service | NT          |               |

03/11/2024  
12:47:06pm

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## Results

Event 13 100m Hurdles Women

Final

Place Name

Affiliation

Time

Points

Heat 1

Wind: NWI

--- Adu Achia, Stephanie

Ghana Armed Forces

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## Results

Event 14 110m Hurdles men

Final

| <u>Place</u>     | <u>Name</u>            | <u>Affiliation</u> | <u>Time</u> | <u>Points</u> |
|------------------|------------------------|--------------------|-------------|---------------|
| Heat 1           |                        |                    |             |               |
| Wind: -1.3 M/S S |                        |                    |             |               |
| 1                | Dompey, Barnabas       | Ghana Armed Forces | 15.69       | 10            |
| 2                | Arko Bawuah, Augustine | Ghana Armed Forces | 15.94       | 8             |
| 3                | Baokye, Patrick        | Ghana Armed Forces | 16.10       | 6             |
| 4                | Nsian, Kweku           | Ghana Armed Forces | 16.77       | 5             |

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## Results

Event 17 High Jump Women

Final

| <u>Place</u> | <u>Name</u>   | <u>Affiliation</u> | <u>Mark</u> | <u>Points</u> |
|--------------|---------------|--------------------|-------------|---------------|
| Flight 1     |               |                    |             |               |
| 1            | Gagba, Doreen | Ghana Armed Forces | 1.55        | 10            |

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## Results

Event 18 High Jump men

Final

| <u>Place</u> | <u>Name</u>             | <u>Affiliation</u>        | <u>Mark</u> | <u>Points</u> |
|--------------|-------------------------|---------------------------|-------------|---------------|
| Flight 1     |                         |                           |             |               |
| 1            | Ocansey, Kennedy        | Ghana Armed Forces        | 2.05        | 10            |
| 2            | Gyimah, Ebenezer        | Ghana Immigration Service | 2.00        | 8             |
| 3            | Gyasi, Prince Yaw       | GRA - Customs Division    | 1.95        | 6             |
| ---          | Wobil, Frank            | Ghana Armed Forces        | NH          |               |
| ---          | Nii Korey Kofei, Robert | Ghana Prisons Service     | NH          |               |
| ---          | Tsatsu, Bright          | Ghana Armed Forces        | NH          |               |

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## Results

Event 19 Long Jump Women

Final

| <u>Place</u> | <u>Name</u>              | <u>Affiliation</u>        | <u>Mark</u> | <u>Wind</u> | <u>Points</u> |
|--------------|--------------------------|---------------------------|-------------|-------------|---------------|
| Flight 1     |                          |                           |             |             |               |
| 1            | Opoku, Dorcas            | Ghana Armed Forces        | 6.23        | -1.4        | 10            |
| 2            | Azangbeo, Venessa Talata | GRA - Customs Division    | 5.04        | -1.6        | 8             |
| 3            | Marfo, Ruth              | Ghana Armed Forces        | 4.75        | -1.1        | 6             |
| 4            | Kussime, Diamond         | Ghana Immigration Service | 4.56        | -1.8        | 5             |



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## Results

Event 20 Long Jump men

Final

| <u>Place</u> | <u>Name</u>            | <u>Affiliation</u>          | <u>Mark</u> | <u>Wind</u> | <u>Points</u> |
|--------------|------------------------|-----------------------------|-------------|-------------|---------------|
| Flight 1     |                        |                             |             |             |               |
| 1            | Otchere, Yeboah Mensah | Ghana Armed Forces          | 7.47        | -2.30       | 10            |
| 2            | Okai, Emmanuel         | Ghana Armed Forces          | 6.86        | -1.50       | 8             |
| 3            | Larweh, Emmanuel       | Ghana Armed Forces          | 6.74        | -2.10       | 6             |
| 4            | Nsian, Kweku           | Ghana Armed Forces          | 6.43        | -2.2        | 5             |
| 5            | Amoako, Desmond kofi   | Ghana National Fire Service | 6.02        | -2.60       | 4             |

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## Results

Event 22 Triple Jump men

Final

| <u>Place</u> | <u>Name</u>            | <u>Affiliation</u>          | <u>Mark</u> | <u>Wind</u> | <u>Points</u> |
|--------------|------------------------|-----------------------------|-------------|-------------|---------------|
| Flight 1     |                        |                             |             |             |               |
| 1            | Attipoe, Precious      | Ghana Armed Forces          | 15.08       | -1.4        | 10            |
| 2            | Okai, Emmanuel         | Ghana Armed Forces          | 14.27       | +0.3        | 8             |
| 3            | Otchere, Yeboah Mensah | Ghana Armed Forces          | 14.20       | +0.9        | 6             |
| 4            | Larweh, Emmanuel       | Ghana Armed Forces          | 13.28       | +1.5        | 5             |
| 5            | Gyasi, Prince Yaw      | GRA - Customs Division      | NM          | NWI         |               |
| 5            | Amoako, Desmond kofi   | Ghana National Fire Service | NM          | NWI         |               |

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## Results

### Event 23 Discus Throw Women

#### Final

| <u>Place</u> | <u>Name</u>      | <u>Affiliation</u>          | <u>Mark</u> | <u>Points</u> |
|--------------|------------------|-----------------------------|-------------|---------------|
| Flight 1     |                  |                             |             |               |
| 1            | Owusu, Faustina  | GRA - Customs Division      | 43.14       | 10            |
| 2            | Abass, Amina     | Ghana Prisons Service       | 35.06       | 8             |
| 3            | Owusu, Belinda   | Ghana National Fire Service | 33.26       | 6             |
| 4            | Dadzie, Ezequeen | Ghana Prisons Service       | 29.52       | 5             |
| 5            | Haruna, Fati     | Ghana Armed Forces          | 29.41       | 4             |
| 6            | Kwopiu, Diana    | Ghana Immigration Service   | 26.10       | 3             |
| ---          | Otubia, Comfort  | Ghana Prisons Service       | NM          |               |

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## Results

Event 24 Discus Throw men

Final

| <u>Place</u> | <u>Name</u>       | <u>Affiliation</u>        | <u>Mark</u> | <u>Points</u> |
|--------------|-------------------|---------------------------|-------------|---------------|
| Flight 1     |                   |                           |             |               |
| 1            | Bugase, Rexford   | Ghana Armed Forces        | 55.06       | 10            |
| 2            | Tay, Robertson    | Ghana Armed Forces        | 50.27       | 8             |
| 3            | McCarthy, Dominic | Ghana Immigration Service | 48.59       | 6             |
| 4            | AMOASI, ERIC      | Ghana Armed Forces        | 43.20       | 5             |
| 5            | Baatah, Dramani   | Ghana Armed Forces        | 40.70       | 4             |
| 6            | Bachelor, Awudu   | Ghana Immigration Service | 38.12       | 3             |
| 7            | Eahun, Daniel     | Ghana Prisons Service     | 36.62       | 2             |
| 8            | Adu, Ebenezer     | Ghana Prisons Service     | 32.07       | 1             |

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## Results

### Event 25 Javelin Throw Women

#### Final

| <u>Place</u> | <u>Name</u>      | <u>Affiliation</u>          | <u>Mark</u> | <u>Points</u> |
|--------------|------------------|-----------------------------|-------------|---------------|
| Flight 1     |                  |                             |             |               |
| 1            | Ofori, Zuly      | Ghana Armed Forces          | 43.94       | 10            |
| 2            | Sharizu, Fatayia | Ghana Armed Forces          | 38.21       | 8             |
| 3            | Otubia, Comfort  | Ghana Prisons Service       | 34.56       | 6             |
| 4            | Owusu, Belinda   | Ghana National Fire Service | 32.39       | 5             |
| ---          | Kwopie, Diana    | Ghana Immigration Service   | NM          |               |

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## Results

### Event 26 Javelin Throw men

#### Final

| <u>Place</u> | <u>Name</u>         | <u>Affiliation</u>          | <u>Mark</u> | <u>Points</u> |
|--------------|---------------------|-----------------------------|-------------|---------------|
| Flight 1     |                     |                             |             |               |
| 1            | Teye, Gabriel Asare | Ghana Armed Forces          | 62.93       | 10            |
| 2            | Numo, Benjamin      | Ghana Armed Forces          | 62.49       | 8             |
| 3            | Fianu, David        | Ghana Armed Forces          | 54.85       | 6             |
| 4            | Bachelor, Awudu     | Ghana Immigration Service   | 54.07       | 5             |
| 5            | Vaabu, Daniel Ali   | Ghana National Fire Service | 39.76       | 4             |
| ---          | Amoasi, Eric        | Ghana Armed Forces          | NM          |               |
| ---          | Gyefa, Emmanuel     | Ghana Police Service        | NM          |               |

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## Results

Event 27 Shotput Women

Final

| <u>Place</u> | <u>Name</u>      | <u>Affiliation</u>     | <u>Mark</u> | <u>Points</u> |
|--------------|------------------|------------------------|-------------|---------------|
| Flight 1     |                  |                        |             |               |
| 1            | Dadzie, Ezequeen | Ghana Prisons Service  | 11.62       | 10            |
| 2            | Owusu, Faustina  | GRA - Customs Division | 11.39       | 8             |
| 3            | Haruna, Fati     | Ghana Armed Forces     | 11.01       | 6             |
| 4            | Abali, Rosemond  | Ghana Armed Forces     | 10.20       | 5             |
| ---          | Abass, Amina     | Ghana Prisons Service  | NM          |               |

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## Results

Event 28 Shotput men

Final

| <u>Place</u> | <u>Name</u>         | <u>Affiliation</u>        | <u>Mark</u> | <u>Points</u> |
|--------------|---------------------|---------------------------|-------------|---------------|
| Flight 1     |                     |                           |             |               |
| 1            | Ridwan, Alhassan    | Ghana Prisons Service     | 14.01       | 10            |
| 2            | McCarthy, Dominic   | Ghana Immigration Service | 13.75       | 8             |
| 3            | Davies, Prince      | Ghana Armed Forces        | 13.30       | 6             |
| 4            | Abdul, Rahman Salim | Ghana Armed Forces        | 13.05       | 5             |
| 5            | Nikoe, Hammond      | Ghana Armed Forces        | 12.78       | 4             |
| 6            | Adu, Ebenezer       | Ghana Prisons Service     | 11.89       | 3             |
| 7            | Baatah, Dramani     | Ghana Armed Forces        | 11.22       | 2             |
| 8            | Anankana, Daniel    | Ghana Armed Forces        | 11.16       | 1             |
| 9            | Gyefa, Emmanuel     | Ghana Police Service      | NM          |               |
| 9            | AMOASI, ERIC        | Ghana Armed Forces        | NM          |               |
| 9            | Eahun, Daniel       | Ghana Prisons Service     | NM          |               |



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## Results

Event 29 4 x 100m Women

Final

| <u>Place</u> | <u>Name</u>               | <u>Affiliation</u>        | <u>Time</u> | <u>Points</u> |
|--------------|---------------------------|---------------------------|-------------|---------------|
| Heat 1       |                           |                           |             |               |
| 1            | Ghana Armed Forces        | Ghana Armed Forces        | 48.01       | 6             |
| 2            | Ghana Immigration Service | Ghana Immigration Service | 49.65       | 8             |
| 3            | Ghana Armed Forces        | Ghana Armed Forces        | 52.19       |               |

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## Results

Event 30 4 x 100m men

Final

| <u>Place</u> | <u>Name</u>                 | <u>Affiliation</u>          | <u>Time</u> | <u>Points</u> |
|--------------|-----------------------------|-----------------------------|-------------|---------------|
| Heat 1       |                             |                             |             |               |
| 1            | Ghana Armed Forces          | Ghana Armed Forces          | 40.66       |               |
| 2            | Ghana Immigration Service   | Ghana Immigration Service   | 41.72       | 8             |
| 3            | Ghana Armed Forces          | Ghana Armed Forces          | 41.99       | 6             |
| 4            | GRA                         | GRA - Customs Division      | 42.32       | 5             |
| 5            | Ghana Prisons Service       | Ghana Prisons Service       | 43.36       | 4             |
| 6            | Ghana National Fire Service | Ghana National Fire Service | 45.06       | 1             |
| 7            | Ghana National Fire Service | Ghana National Fire Service | 45.68       |               |
| 8            | Ghana National Fire Service | Ghana National Fire Service | 47.48       |               |

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## Results

Event 31 4 x 400m Women

Final

| <u>Place</u> | <u>Name</u>                  | <u>Affiliation</u>        | <u>Time</u> | <u>Points</u> |
|--------------|------------------------------|---------------------------|-------------|---------------|
| Heat 1       |                              |                           |             |               |
| 1            | Ghana Armed Forces - GAF TE/ | Ghana Armed Forces        | 3:58.73     | 10            |
| 2            | Ghana Immigration Service    | Ghana Immigration Service | 4:01.73     | 8             |
| 3            | Ghana Armed Forces           | Ghana Armed Forces        | 4:19.32     | 6             |

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## Results

Event 32 4 x 400m men

Final

| <u>Place</u> | <u>Name</u>                 | <u>Affiliation</u>          | <u>Time</u> | <u>Points</u> |
|--------------|-----------------------------|-----------------------------|-------------|---------------|
| Heat 1       |                             |                             |             |               |
| 1            | Ghana Armed Forces          | Ghana Armed Forces          | 3:13.67     | 10            |
| 2            | Ghana Armed Forces          | Ghana Armed Forces          | 3:18.40     | 8             |
| 3            | Ghana Immigration Service   | Ghana Immigration Service   | 3:18.71     | 6             |
| 4            | Ghana Prisons Service       | Ghana Prisons Service       | 3:24.04     | 5             |
| 5            | Ghana National Fire Service | Ghana National Fire Service | 3:44.44     | 4             |